

CHRONIC REGIONAL PAIN
IBD
MS
PTSD
AUTOIMMUNE
DEPRESSION
FATIGUE
CANCER
ANXIETY
FIBROMYALGIA
MOOD DISORDERS
LYME DISEASE
INFLAMMATION
ARTHRITIS

NALTREXONE

BACKGROUND INFORMATION

Naltrexone is commercially available as 50 mg tablets. When custom compounded from a compounding pharmacy, Naltrexone is reformulated into a much lower dosage, typically in a dose range of 1.5 mg to 6 mg, i.e., Low Dose Naltrexone (LDN).

LDN has been used to treat multiple diseases since 1988. LDN is *not* to be confused with the commercially available product. When compounded into a lower dose, it changes how it works in the body.

DISCLAIMER

This information is designed to guide and enable patients to make informed choices about treatment.

WHY LDN?

When used in a lower dose, it creates an increase in the production of endorphins, which:

1. May result in a reduction of pain symptoms, including inflammation and an increased sense of wellbeing
2. Helps stimulate the immune system
3. Helps with chronic fatigue

DISEASES & CONDITIONS TREATED WITH

~LDN~

Please note, LDN HAS MANY USES and is not limited to those listed below.

- **AUTOIMMUNE**
- **CHRONIC REGIONAL PAIN SYNDROME**
- **NERVE PAIN**
- **FATIGUE**
- **INFLAMMATION**
- **FIBROMYALGIA**
- **ARTHRITIS**
- **INFLAMMATORY BOWEL DISEASE**
- **MULTIPLE SCLEROSIS**
- **LYME DISEASE**
- **HASHIMOTO'S**
- **ANXIETY & DEPRESSION**
- **CANCER**
- **PTSD**
- **MOOD DISORDERS**



PHARMACY COMPOUNDING DEPARTMENT
About Low Dose Naltrexone
PATIENT GUIDE

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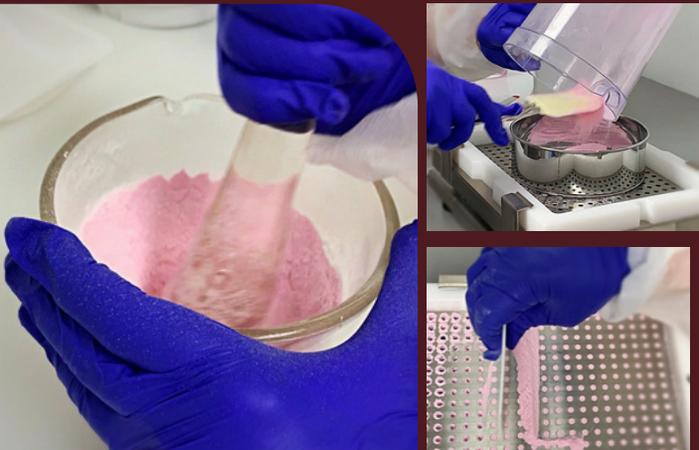
HOW TO OBTAIN

Not all medical professionals are aware of LDN and it's potential benefits and not all are prepared to prescribe it.

Since a prescription is required, working with a prescriber knowledgeable with LDN helps.

LDN is extensively counterfeited and should never be purchased from a website without a prescription, as it is unsafe, can be dangerous, fake and it is illegal.

Typically LDN is not covered by insurance plans, however it is affordable through Hyde Drug Compounding Pharmacy. Flexible Spending Accounts may be used as well.



HOW TO USE

Caution:

When taking long-acting opioids such as morphine, oxycodone, hydrocodone, tramadol, & fentanyl, consult your healthcare provider as LDN may reduce the effect of your medication.

Once your doctor prescribes LDN, treatment is usually started at a low dose (.5 to 1.5 mg), then increases gradually over several weeks until reaching your goal dose and you're considered stable. The dose increase can go up to 4.5 mg. However your goal dose may be lower or higher.

WHAT TO EXPECT

Generally for most patients, LDN is well tolerated. Side effects that may occur are typically brief and mild. Also, they usually only present in the initial phase.

Decreasing the dose for 2-3 days can stop side effects, then again continuing with titration.

POSSIBLE, COMMON SIDE EFFECTS

- Sleep disturbances
- Vivid & colorful dreams
- Mild headache
- Mild agitation
- Nausea / GI effects**

****Liquid sublingual LDN can be used to bypass the GI tract.**



ADVANTAGES

LDN is low cost, low side effect profile, no potential for abuse, and has a high success rate. Find more information at

LDNRESEARCHTRUST.ORG

FREE SHIPPING

TO ALL PA RESIDENTS

Contact our pharmacy compounding department at 724-652-1451 EXT. 7 for more information.